

Car Sickness In Pets



Most car sickness is related to anxiety and not motion related at all. Car trips can be associated, in your dog's mind, with unpleasant experiences such as separation from litter mates, or perhaps an anxious experience at a boarding kennel or veterinary clinic.

If this is the case the solution is simple – allow your pet to have access to the car without going anywhere, even feeding or

rewarding your dog for sitting in the car. Then build up to frequent very short trips to a park or some other enjoyable outing, always associating the car with good times and rewards. Once your dog is enthusiastic about car trips then lengthen the trips.

If anxiety has been overcome or ruled out then true motion sickness may be helped by certain prescription drugs, ensuring adequate air flow in the car or changing meal times in relation to travel. Consult your vet for advice.

GARDEN TIPS

Frost Protection Methods

- Water the garden thoroughly before nightfall. The soil will release moisture into the air around your plants during the night, keeping the air somewhat warmer.

- Even a slight breeze will prevent cold air from settling near the ground during the night.

You can help keep frost from forming by providing this breeze artificially with an electric fan.

Be sure to protect the fan and all electrical connections from water and the elements.

- Cover up before dusk! By the time it gets dark much of the stored heat in the garden has already been lost. If you have time, build a simple frame around the plant, or row of plants. (Even a single stake can be used in many cases.) Then drape a cover of newspaper, cardboard, plastic tarps, bed sheeting or any other lightweight material over the frame to create a tent. If you don't have time to create a frame, lay the protective cover directly onto the plant. This will help to slow the loss of heat rising from the foliage and the ground. **Remove the covers in the morning, once the frost has thawed, to let the light and fresh air back in, and to prevent overheating by the sun.**

- For smaller individual plants you can use glass jars, milk jugs with the bottom removed, paper cups upside down flower pots as heat traps. **Don't forget to remove these covers in the morning.**

- You can collect heat during the day by painting plastic milk jugs black and filling them with water. Place them around your plants where they will collect heat

during the day. Water loses heat more slowly than either soil or air. This collected heat will radiate out throughout the night.

- **Container grown plants** are particularly susceptible to frosts because their roots are also unprotected.

If you are unable to move your container plants indoors or under cover remember to also wrap the pot in burlap or bubble wrap, or simply bury the pot in soil in addition to protecting the foliage.

If your efforts were too late, or too little to protect your plants from a frost, resist the urge to cut off the damaged parts of the plants. To a certain extent, these dead leaves and stems will provide limited insulation from further frost damage. You will have to go back and re-prune your plants in spring anyway.

